

WEIMAR FAMILY DENTISTRY
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DENTURES AND PARTIALS

We have done our best to provide you with well-fitted, highly-functional and aesthetically pleasing dentures or partials. We feel confident that after a few adjustments, you will enjoy years of satisfaction and use. The following is important information about your denture or partial.

1. **The First Few Weeks:** New dentures or partials always feel strange when first placed in your mouth. Your mouth may seem full of water (saliva) and your tongue may feel boxed-in. Learn slowly to use your new teeth. Don't try to eat a steak, apple, corn on the cob and similar foods for the first few weeks. Gradually change from soft foods to harder varieties. Several days or even weeks will be required for you to become accustomed to them.
2. **Sore Spots:** Your mouth will most likely have a few sore spots about 24 hours after initially wearing the denture or partial. An initial readjustment appointment should be made, and another appointment about 7 days later will usually eliminate any other sore areas.
3. **Chewing:** The new bite or occlusion may not feel comfortable for a period of days. We will adjust the contacting surfaces of your teeth after 24 hours, and again in about one week after the dentures have "settled" into place.
4. **Home Care:** Your denture or partial can be cleaned easily by using a denture brush and toothpaste. Denture soaks are also useful. If you have a partial denture, the natural teeth must be kept very clean on a daily basis to reduce the chance of new dental decay starting. You may leave the denture/partial in or out of your mouth at night, depending on your preference. If they are out of your mouth, leave them soaking in a water and mouthwash solution.
5. **The Future:** Your jawbones and gums shrink up to 1/32 of an inch per year when you have missing teeth. Because of this shrinkage, you should plan to have your dentures and oral tissue examined by us at least once per year. We will evaluate if relining or rebasing of the denture is necessary. Wearing ill-fitting dentures for too long without refitting can cause severe bone loss and serious oral disease. Even dentures that fit comfortably need to be checked along with your tissue.